



# THE GOSPEL OF CHRIST BIBLE OUTREACH

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Road Ijeshatedo-Surulere,  
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gcbo.com.ng



## FRUITS OF THE SPIRIT

**Pastor A.S.O Olaleye**

**8th November, 2022**

Text: Galatians 5:22-23

*But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law*

### **Peace As The Fruit of The Spirit.**

Peace is a state of tranquility or quiet: such as. a : freedom from civil disturbance.

b : a state of security or order within a community provided for by law or custom.

The Biblical concept of peace:

In Greek, peace is inclusive of life without conflict, as well as wholeness and harmony with God and others.

Peace in Greek also means quietness, and rest.

Hebrew word for peace is Shalom also spelled as sholom, sholem, sholoim, shulem) is a Hebrew word meaning peace, harmony, wholeness, completeness, prosperity, welfare and tranquility and can be used idiomatically to mean both hello and goodbye.

The symbol of peace:

The dove is a symbol of peace from the biblical story of Noah's ark. Genesis 8:8 He also sent out from himself a dove, to see if the waters had receded from the face of the ground.

Jeff - Of English origin, Jeff means God of Peace.

Jonah is Hebrew name means dove, the classic bird of peace.

A life of peace is safe and secure both physically and mentally.

Romans 8:6 "The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace."

Peace is a result of allowing the Holy Spirit to work in our hearts and minds. When we have peace, we shall far from fear and worry about finances, our safety, our salvation, and our eternal life.

The fruit of the Holy Spirit is seen in the peace that comes even when our circumstances are far from tranquil (Free from emotional or mental disturbance).



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Jesus encouraged his followers in John 16:33, "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Types of Peace:

- **A peaceful home**

This is a home where the family members including the kids do not know conflict. Unlike some homes where physical violence prevalence. Husbands hitting their wives, parents hitting their kids.

But some conflicts are not physical.

The mental violence inside a house can turn someone's life into a living hell, and all you want is to see it stopping. We can do our part.

In a peaceful home, members avoid unnecessary arguments, or if the argument is necessary, we can try to lead it in a calmer and civilized way.

If you're not well in your own home, or maybe you are the one disturbing the peace, it's time to take some action upon it.

- **A healthy study or work environment.**

We see it every day, in real life and in fiction. Co-workers harming each other, kids bullying their classmates, teachers, and bosses disturbing the ones they lead.

Besides (obviously) not doing this sort of things, we can also actively prevent them from happening.

If you see anything from this sort, have some courage to speak out!

The same way you put forward your opinions about fashion, sports or politics, this is something you should speak for.

We should defend peace in our own environment, not only for our sake but also for others.

Walking the streets in safety

Most of us already had this feeling, of not being safe when we walk the streets at night.

Depending on where we live, it can be a constant fear, even in bright daylight.

A country doesn't need to be at war to have constant violence in its cities.

What can we do about it?



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For starters, we can vote consciously.

Take some good thought, do a proper research on the candidates for your city,  
state or country.

Finding peace with yourself

This may be the most important one.

See yourself as the best to be at peace.

One can be at peace in the streets, in the house, or at work, but the one place  
we can never run from is ourselves.

Accepting, understanding and loving yourself may come as a big challenge,  
especially if the external environment is already unfavorable.

We tend to feel guilty.

We judge and blame ourselves, much more than others do, and even more  
than we do with others.

This is not fair, and it's not easy.

But it's one peace that can only come from your own actions.

You need to be the first responsible for treating you well, accepting who you are  
and taking it easy.

Respect your limitations and recognize your strengths!

What does peace from God mean?

God's peace is ours because Jesus heals our root of sin.

In Christ, we are offered peace with God because we who "once were far off"  
(Ephesians 2:13) have been reconciled to God through Jesus' death and  
resurrection.

Jesus' sacrifice addresses the root of the problem that the world ignores.  
Peace is knowing that the Lord of the universe is by your side and resting in  
that. It's not just knowing, but it is also living it out. Peace is sitting in comfort  
and knowing that God is next to your side no matter what.



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How to find God's Peace?

Choose to Believe God's Promises.

Keep Your Eyes on Jesus to Find Peace.

Pray to Find Peace.

Stand on God's Word to Find Peace.

Importance of peace:

Peace is the path we take for bringing growth and prosperity to society.  
If we do not have peace and harmony, achieving political strength, economic  
stability and cultural growth will be impossible.

Moreover, before we transmit the notion of peace to others, it is vital for us to  
possess peace within

